

Mental Health & Wellbeing Statement of Practice



Bluecoat Wollaton

believe in yourself, in others, in God

Our Christian Vision is:

Through believing in ourselves, in others, in God, we trust that our hard work will result in the transformation of our lives and the lives of those around us.

Our Christian Values are:

Faith, Hope and Love

Our Bluecoat Family is:

Inclusive

Committed to Staff

Highly Literate

Grounded in Faith

Knowledgeable

Rooted in Respect

Dedicated to Character Development

Document Owner	Vice Principal PDBA
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Introduction

This document sets out the arrangements for ensuring that any pupil who requires support for mental health issues is effectively supported at the academy.

Related Policies, Statements of Practice and procedures

- Behaviour Statement of Practice
- SEN policy
- PSHE policy
- Attendance and Punctuality Statement of Practice
- Safeguarding Policy
- Safeguarding Statement of Practice

Statement of Practice

We believe that parents/carers choose this Academy due to the insistence on the highest levels of **respect** shown not only between staff and pupils but also the 'family' relationships between peers and strong links with parents/carers. We believe that every pupil has the right to feel **loved**, safe and secure within our Academy. In light of this, we actively seek to promote positive mental health and wellbeing in all staff and pupils, increase understanding and awareness of common mental health issues and alert staff to early warning signs of poor mental health and wellbeing. We are committed to providing support to staff working with young people with mental health and wellbeing issues as well as securing support for pupils suffering mental ill health. Our **faith** encourages us to intervene appropriately and in a timely manner whenever a pupil is in need of support for emotional or mental health reasons. The action taken will always be with a view to accessing appropriate support whilst **developing the character** of our pupils, working with them to find interventions or strategies to help them. Our **hope** is that all pupils will leave us with the capacity to know how to look after their mental health and know where to seek support when needed as they move towards, and through, their adult lives.

Lead Members of Staff

Whilst all staff have a responsibility to promote the mental health of pupils. Staff with a specific, relevant remit include:

- Phil Rowson - Designated Safeguarding Lead
- Nicola Freeman - Mental Health and Emotional Wellbeing Lead
- Caryn McHugh – Inclusion Lead/ Mental health First Aider
- Dave Taylor - CPD Lead
- Emma Goodman - Head of RSHE
- Sophie Higson – Mental Health First Aider
- Katie Roper – Mental Health First Aider

First Aiders – There are 11 trained First Aiders at the Academy

Any member of staff who is concerned about the mental health or wellbeing of a pupil should report their concern to the safeguarding team in the usual way through honeycomb the in the first instance. If the pupil presents a medical emergency then the normal procedures for medical emergencies should be followed, including alerting the first aid staff and contacting the emergency services if necessary.

Tiered Support

Whilst we have robust and supportive mechanisms of support within our Academy, we value the work of other agencies and the input of key professionals to ensure a holistic, inclusive and comprehensive approach for all. We may seek advice from the Trust Safeguarding Lead as well as liaising with a range of agencies.

We recognise that different people require different levels of support and respond to each individual's need as necessary, in addition to raising awareness about mental health issues and self-care via PSHE input with all students.

Students who need extra support to manage their mental health could, for example, be signposted to services such as KOOTH, CAMHS/Sharps or mentoring. When a more specialist team input is required, we will liaise with specialist CAMHs and other mental health services:

- CAMHS
- BEMHS
- School counsellor
- Children and Families Direct
- A variety of agencies to support alcohol and/or drug misuse
- Community Paediatrician